



KONNECT

THE TIMES OF **KHADAYATA**

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H A P P Y I N D E P E N D E N C E D A Y



Har Ghar Tiranga
13th-15th August 2022



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Glimpses - Business Seminar July 2022

KCBF ADMIN TEAM

KCBF is back. After a gap of almost 2 years a proposal shared on 10 May took shape & by 24th June we were able to cross 100 attendees to the Business Seminar which shared important insights on various topics of interests for one and all.

Convenors - CA Chaitanya Shah & MA Sandeep Shah with the help of President Mr. Premal Parikh & the entire KCBF TEAM were able to give

a great show on 9th July from 4 pm to 8 pm at Khadayata Bhuvan, Vileparle East. Cosmic Holidays were channel partners for the event. The Seminar had 4 Prolific, learned, experienced & knowledgeable life members of KCBF speaking & sharing their insights.

**Harshit Shah : Managing MSMEs
Paresh Shah : Creating & Managing Business & Personal Wealth**

**CA Shruti Shah : Taxation in changing Business Eco - system
CA Pratiq Shah : Vedanta : The practical way.**

The event had many interesting interactions which helped members attending get involved & acknowledge the same. Seminar ended with members requesting similar type of more seminars to be held at regular intervals.



Mr. Harshit Shah being presented a memento by President Mr. Premal Parikh



Mr. Paresh Shah being presented a memento by Vice President & Convenor Dr. CA Chaitanya Shah



Adv. Akshay Vani, being presented a bouquet by Vice President Mr. Sandeep Shah



CA Pratiq Shah being presented a bouquet by Secretary CA Narendra H. Shah



Ms. Rajshree Shah, Cosmic Holidays being presented a bouquet by Secretary Dr. Jignesh Bhalavat



CA Shruti Shah being presented a bouquet by Committee Member Mr. Nainesh Shah



Dr. Rajendra Bhalavat, Ex-President addressing the gathering



Group Photo of the Participants with Speakers

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Maratha Empire ending rule of Mughal Empire in India

SANDEEP V. SHAH

The Maratha Empire or the Maratha Confederacy was an Indian imperial power that existed from 1674 to 1818. At its peak, the empire covered much of the subcontinent, encompassing a territory of over 2.8 million km. The Marathas are partially credited with ending the Mughal rule in India.

The Marathas were a yeoman Hindu warrior group from the western Deccan (present day Maharashtra) that rose to prominence by establishing 'Hindawi Swarajya'. According to the Encyclopædia Britannica, "The Maratha group of castes is a largely rural class of peasant cultivators, landowners, and soldiers. Some Maratha and Kunbi have at times claimed Kshatriya (the warrior and ruling class) standing and supported their claims to this rank by reference to clan names and genealogies linking themselves with epic heroes, Rajput clans of the north, or historical dynasties of the early medieval period. The Marathas became prominent in the 17th century under the leadership of Shivaji who revolted against the Bijapur Sultanate and the Mughal Empire, and carved out a rebel territory with Raigad as his stronghold. Known for their mobility, the Marathas were able to consolidate their territory during the Deccan Wars against the

Mughal emperor Aurangzeb and, much later in time, controlled a large part of central India.

Shahu, a grandson of Shivaji, was released by the Mughals after the death of Aurangzeb. Following a brief struggle with his aunt Tarabai, Shahu became ruler. During this period, he appointed Balaji Vishwanath Bhat and later his descendants as the Peshwas or the prime ministers of the Maratha Empire. After the death of the Mughal Emperor Aurangzeb, the empire expanded greatly under the rule of the Peshwas. The empire at its peak stretched from Tamil Nadu in the south, to Peshawar(modern-day Khyber Pakhtunkhwa) in the north, and Bengal and Andaman Islands in east. In 1761, the Maratha army lost the Third Battle of Panipat to Afghan Durrani Empire, led by Ahmed Shah Abdali which halted their imperial expansion in North western India. Ten years after Panipat, young Madhavrao Peshwa reinstated the Maratha authority over North India.

In a bid to effectively manage the large empire, he gave semi-autonomy to the strongest of the knights, which created a confederacy of Maratha states. They became known as Gaekwads of Baroda, the Holkars of Indore and

Malwa, the Scindias of Gwalior and Ujjain, Bhonsales of Nagpur. In 1775, the British East India Company intervened in a succession struggle in Pune, which became the First Anglo-Maratha War. Marathas remained the preeminent power in India until their defeat in the Second and Third Anglo-Maratha wars (1805–1818), which left the British East India Company in control of most of India.

A large portion of the Maratha empire was coastline, which had been secured by a potent navy under commanders such as Kanhoji Angre. He was very successful at keeping foreign naval ships, particularly of the Portuguese and British, at bay. Securing the coastal areas and building land-based fortifications were crucial aspects of the Maratha's defensive strategy and regional military history.

Sandeep V Shah

MA : Numismatics and Archaeology



Dharmesh Shah

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EXCLUSIONS: Visa On Arrival / TCS | Anything not mentioned in inclusions.

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EXCLUSIONS: TCS, Airfare, Anything not mentioned in inclusions.

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સમાવર્તન સંસ્કાર

શાસ્ત્રી ચેતનભાઈ

સંસ્કાર: શાસ્ત્રી ચેતનભાઈ આ વિભાગમાં ગર્ભધાનથી શરુ કરી, સોળ સંસ્કારની (એક પછી એક એમ) ઝાંખી કરશે અને તેની જીવનમાં જરૂરિયાત વિષે સાદી સરળ ભાષામાં સમજાવવાનો વિચાર લખશે. આ પુર્વ લખેલ ગર્ભધાન, પુંસવાન, સીમંતોનયન જાતકમું/જનમોતસવ નામકરણ, નિષ્ક્રમણ, અન્નપ્રાશન, ચુડાકરણ, કર્ણવેધ, યજ્ઞોપવીત અને વેદારંભ સંસ્કાર વિષયની માહિતી વિષે વાંચ્યું હશે. આ અંકમાં, સમાવર્તન સંસ્કાર હિન્દુ ધર્મના સોળ સંસ્કારો પૈકી નો સંસ્કાર છે.

આપ સૌ આપને સતાવતા સવાલ (શંકા-કુશંકા) પૂછશો (પુછી શકો છો) તેને જવાબ આપવાની કોશિશ કરવામાં આવશે. વાચક ભાઈબહેનોને વિનંતી છે કે તમારા સવાલો KCBF એડમીનટીમને મોકલશો, તેનો ઉચિત ઉત્તર/જવાબ પછીના અંકમાં આપવામાં આવશે.

હિન્દુ ધર્મના ષોડશ સંસ્કારો પૈકીનો આ બારમો મો સંસ્કાર છે. બ્રહ્મચર્યા શ્રમમાં રહી સંપૂર્ણ વિદ્યાભ્યાસ પૂરો કરનાર છાત્ર ને આ સંસ્કાર કરવામાં આવે છે. આ સંસ્કાર અધ્યયન અને બ્રહ્મચર્યાશ્રમની સમાપ્તિ નું સૂચક છે. ષોડશ સંસ્કારોમાં ગુણધાનરૂપ આ છેલ્લો સંસ્કાર છે. બાળક સંપૂર્ણ વિદ્યાભ્યાસ કરી લે ત્યારે તે લગભગ યુવાનીના ઉંબરે પહોંચ્યો હોય છે. માટે અભ્યાસ માટે જરૂરી બ્રહ્મચર્ય વ્રત પાલન ની હવે તેને સમાપ્તિ કરાવવી જરૂરી છે.

આ સંસ્કાર દ્વારા બ્રહ્મચારીને કઠોર નિયમોમાંથી મુક્તિ આપવામાં આવે છે. બ્રહ્મચર્યાશ્રમ ની સમાપ્તિ થાય છે. સ્નાતકને આઠ દિશાઓમાં અભિ મંત્રિત કરીને મુકેલા આઠ ઘડાઓના જળથી વિધિવત્ સ્નાન કરાવવામાં આવે છે.

પછી તેને ગ્રહસ્થાશ્રમ ને ઉચિત સુંદર વસ્ત્રાલંકારો પહેરાવવામાં આવે છે. અત્તર, હાર, મોજરી, છત્રી વગેરે સૌંદર્યાના પ્રસાધનોથી તેને સજાવવામાં આવે છે. બ્રહ્મચારી માટે આ બધી વસ્તુઓ વર્જિત હોય છે. લાંબા સમયે ના અભ્યાસથી તેને આ બધા ગ્રહસ્થાશ્રમ ની શોભા રૂપ પ્રસાધનોથી અરુચિ કે અભાવ ઉત્પન્ન થયો હોય તે સંકોચ સ્વયં આચાર્યના હસ્તે જ દૂર કરાવવામાં આવે છે.

અર્થાત અત્યાર સુધી તેનો નિષેધ કરનાર આચાર્ય જ સ્નાતક ને ગ્રહસ્થાશ્રમોચીત હોવાથી આ બધી વસ્તુઓ ધારણ કરાવે છે. આઠ ઘટ થી સ્નાન અષ્ટાંગ બ્રહ્મચર્ય સૂચવે છે. બ્રહ્મચારી માટે સમગ્ર નારી જાતિને અનુલક્ષીને અષ્ટવિધ બ્રહ્મચર્ય પાલવાનુ હવું એમાં હવે છૂટછાટ મુકવામાં આવે છે. સ્વ પરણેતર લગ્નગ્રંથિથી જોડાયેલી પોતાની સ્ત્રી સાથે પ્રજોત્પત્તિ માટે શાસ્ત્ર સમન્ત વિષયભોગ ની છૂટ આપવામાં આવે છે. અને સ્વ સ્ત્રી સિવાયની સમગ્ર નારી જાતિ

પ્રત્યે અષ્ટવિધ બ્રહ્મચર્ય પાલનનો આદેશ આપવામાં આવે છે. આ વ્રતને ઉપ કુર્વાણ બ્રહ્મચર્ય વ્રત કહે છે. આ સંસ્કારના એક ભાગરૂપે આચાર્ય સ્નાતક શિષ્યને સમયોચીત જીવનલક્ષી ઉપદેશ આપે છે. આ ઉપદેશમાં અભ્યાસ અને અનુભવનો નીયોડ હોય છે. સ્નાતકને તત્પર થઈ ગ્રહણ કરે છે. અને તેનું પાલન કરવાનું વચન આપે છે.

માતૃદેવો ભવઃ। પિતૃદેવો ભવઃ। આચાર્યદેવો ભવઃ।
અતિથિદેવો ભવઃ। સ્વાધ્યાયમાં પ્રમદિતલ્ય વગેરે..
સમાવર્તન સંસ્કાર વખતે અપાતા ઉપદેશ વાક્યો છે. ગ્રહસ્થાશ્રમી માટે તેનું મૂલ્ય મહત્વ મહા વાક્યો (તત્ત્વમસિં અયમાત્માબ્રહ્મ) વગેરે વેદાંત વાક્યો) થી જરા પણ ઓછું નથી માતા પિતાની સેવા કરવી, અતિથિનો સત્કાર કરવો આચાર્ય સાધુ સંતની સેવા કરવી સત્શાસ્ત્રોનો અભ્યાસ કરતારહેવું વગેરે.

ગ્રહસ્થાશ્રમોચિત કર્તવ્ય કર્મો છે. સ્નાતક બ્રહ્મચારીને સૌથી વધુ શ્રદ્ધા પોતાના વિદ્યા ગુરુ આચાર્યમાં હોય છે. એટલે આ બધું ઉપદેશ આચાર્ય દ્વારા જ અપાય છે. જે વધુ ઈચ્છા છે, તેથી આ સંસ્કાર વખતે આચાર્ય ઉપદેશ આપે છે. તેનો વિસ્તાર વર્ણન ગ્રહ સુત્રો અને સ્મૃતિગ્રંથોમાં જોવા મળે છે. વર્તમાનકાળમાં આ વૈદિક સંસ્કાર જેવો સંસ્કાર થતો જોવા તેને દીક્ષાંત સમારોહ (Convocation) કહે છે. આ પદવીદાન સમારંભ યુનિવર્સિટી દ્વારા દર વર્ષે યોજાય છે. તેમાં વિદ્યા અભ્યાસ પૂરો કર્યો હોય તેવા સ્નાતક ગ્રેજ્યુએટ યુવાનોને પ્રમાણપત્રોનું વિતરણ કરવામાં આવે છે. અનેક મહાનુભાવોની ઉપસ્થિતિમાં ઘબઘબાભેર ઉજવાતા આ સમારંભમાં સમાવર્તન સંસ્કાર જેવી પવિત્રતા ગરીમા અને વિધિ જોવા મળતી નથી.



સંયમનું પાલન સ્વકર્તવ્યો વગેરે જરૂરી ઉપદેશ માત્ર નામ પૂરતો જોવા મળે છે. અને બીજા તાયફા વધુ હોય છે. પોતાના જીવનમાં સ્વયમ અને શિસ્તનો અભાવ હોય એવા અધ્યાપકો સ્નાતક શિષ્યોને ક્યાં મોઢે તેનો ઉપદેશ આપે અને કદાચ આપે તો પણ તેનો કેવો ભાર પડે આમ પદવીદાન સમારંભ રૂપે સમાવર્તન સંસ્કાર નામ પૂરતો પ્રવર્તમાન સમયમાં થતો જોવા મળે છે. આજે બ્રહ્મચર્યાશ્રમ નામ પૂરતો છે. તેની ગરિમા જોવા મળતી નથી બ્રહ્મચારીએ પાલન કરવા પડતા નિયમો પૈકીનો એક પણ નિયમ આજના વિદ્યાર્થીઓ માં સ્નાતકોમાં જોવા મળતા નથી. સમાવર્તન સંસ્કાર થાય એ પહેલા જ તેઓ ઠાઠ માઠથી વસ્ત્રાલંકારો પહેરતા ને સૌંદર્યાના બધા પ્રસાધનોનો ઉપયોગ કરતા થઈ ગયા હોય છે.

આવા જ નાટક માટે આ સંસ્કાર ફારસ (હાસ્યાસ્પદ) રૂપ બની રહે છે. છોકરા - છોકરીઓને અધ્યાપકો સાથે મળીને ડિસ્કો ડાંડીયા લેતા હોય ત્યાં બ્રહ્મચર્ય પાલન ને તેની સમાપ્તિ વાતો અર્થ હીન બની રહે છે. સમાવર્તન સંસ્કારની ગરિમા આજે લુપ્ત પ્રાય થતી જાય છે.

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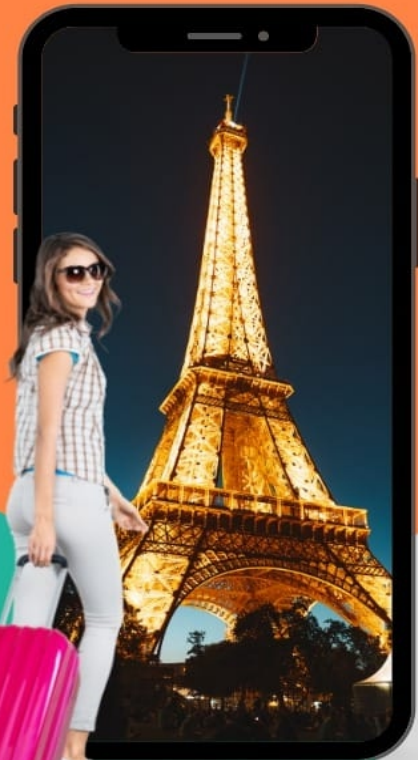
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KCBF PAST & FORTHCOMING PROGRAMS FOR THE YEAR 2022

JULY

9th, 2022

Business Seminar

Well appreciated & acknowledged by more than 100 + participants. The Speakers were excellent and was a really insightful seminar.

Dr CA C S Shah
9322232039

SEPTEMBER

2022

Factory Visit

Seeing a factory firsthand can allow individuals to not only understand best practices but also interact and create business opportunities.

Mr Nainesh Shah
9821138471

OCTOBER

8th/9th, 2022

Annual Trade Fair

KCBF's 4th Annual Trade Fair is coming up and already **15+ stalls have been booked**. An important event in KCBF's calendar where businesses meet.

CA Narendra Shah
9702643000

DECEMBER

2022

Picnic

Socials are an integral part of any networking group which helps in building strong bonds paving their way for a more fruitful and strong relationships.

Mr Rajiv Patwa
9821188516

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Emotions - Our Enemies or Friend?

DR. PURRVI PATEL

We all experiences or feels different kinds of emotions throughout the day. As per our state of mind and life situation we label them as pleasant or unpleasant feelings.

So what are emotions?

The literal meaning of emotion is energy in motion. What we think of as emotion is the experience of energy moving through our body. This generally felt as sensations of contraction such as tension or expansion such as calm.

In itself emotional energy is neutral. It is the feeling, sensation and physiological reaction that makes a specific emotion positive or negative. Feeling is what you label as anger, sadness, joy or fear. It is then your interpretation or thoughts about emotional energy that gives it meaning. So emotions also means the way you feel. The different feelings that arise and go in your body. Emotions are temporary they come and go. You are that awareness who is aware of different kind of emotions. You have to develop the understanding of awareness. When someone yelling at you, they are attacking on the image they have on their mind about you. They are yelling at the perception of you as per their observations and their beliefs. So if you are aware of this then such yelling cannot disturb you internally.

In short emotions means:

- 1) energy in motion
- 2) you can physically feel them
- 3) Influence by our thoughts
- 4) you can feel good or not so good
- 5) emotions can be intense or not so intense

We all are also conditioned to be fearful of feeling and expressing emotions in majority of times. We are conditioned to live with fear of expressing our emotions which leads us living life carrying unnecessary baggage of emotions. When we travel through flight we can only carry luggage with prescribed weights, if you carry extra weight, security

will remove that extra weights. Right? Just like that if we carry extra emotional burden either we get stuck in our life or deviate from aim in our life. You can succeed in your life and you can achieve whatever you desire only when you remove extra baggage of emotions from your life.

How can we remove those extra emotional baggage?

We can remove extra emotional burden by cultivating habit of letting go. I know it is not at all easy and simple to let go but it's not impossible also. You can cultivate the habit of letting go by living mindfully each and every moment of your life. It's a conscious process to develop habit of letting go. There are 3 important steps of developing habit of letting go of things which upsets you:

- 1) **Be an observer or witness.** This means witness what's going on in your body? How you are experiencing particular emotion at physical level and witness those emotion without any judgement and resistance. Embrace that emotion. You can also tell to yourself that everything will going to be alright. Nothing is permanent accept the soul. This shell too pass. These are some positive sentences which might help you to shift from feeling bad to feeling good.
- 2) **Accept the emotion** as it is without any judgement or resistance. I am not feeling good or things are not the way I thought it would be accept it and ask yourself what next now? I am feeling angry embrace that emotion, I feel to cry then just cry out and embrace that emotion, I am not feeling good accept and embrace that emotion.
- 3) **Forgive yourself and others** to let go of negative emotions like anger, guilt, resentment, past hurt and so on. I follow a mantra when it is hard for me to forgive people who hurt me in my life and that mantra is: hurt people. Hurt people means the person who is already hurt from inside he or she can give hurt

only because what you hold inside of you only that you can give to the outer world and this thought immediately helps me to shift myself from being victimised of a situation to the peaceful observer or a witness of that particular life situation.

So, to let go of unnecessary baggage of emotions including fear of expressing your emotions, follow 3 steps:

- 1) Be a witness or observer
- 2) Acceptance
- 3) Forgiveness

What emotion you are going to choose today to live with ?

Dr. Purrv Patel

Consulting Homoeopath, Nutritionist, Certified Mindfulness Coach for Teens and Adults, Author, Trustee at Rutuja Organization working for women's health (www.rutuja.org), Advisor at IPRU Life Insurance Company
Contact: 9967713034
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Members & Stall Owners

are delighted and feeling proud in inviting you all to

4th KCBF ANNUAL TRADE FAIR

to be inaugurated by our Chief Guest

CA SHRI ASHOKBHAI PARIKH

PRESIDENT, KHADAYATA PARISHAD

on **Saturday 8th & Sunday 9th, October, 2022**

at **Khadayata Bhuvan, Hanuman Road, Vile Parle (E),**

from 9:30 am onwards

* Approx 24 Stalls on First Floor as well as Ground Floor. Ground Floor also will be Airconditioned.

Timings will be 9:30-7:30 pm. Breakfast, Lunch & Dinner Coupons along with Water Bottles will be provided to all stall owners.

Admins reserves the final right of change.

CA Narendra Shah 9702643000
Mr. Premal Parikh 9820999056

Dr. Jignesh Bhalavat 9820395856
Mr. Rajiv Patwa 9821188516

Why Khadayata Ratna ?

KCBF – Konnect eBulletin Team has introduced the column of “**Khadayata Ratna**” since last almost a year. During this period the eBulletin Team has tried to bring before its readers the highlights of prominent Khadayatas who have contributed substantially during their life span – in their respective profession, society and to Khadayata community in particular. The objective is clear – to highlight our own community people who can act as the “**Role Model**” for current as well as future generation/s.

There are almost eight billion humans (7.9) on our planet. They are spread over different continents and countries. E.g., in India we have 1.3 billion people. They further get divided in to states – like Maharashtra, Gujarat, Uttar Pradesh etc. further into Districts like Sabarkantha,

Aravalli etc. Within this further classification into different communities – like Khadayatas, Kshatriyas, Brahmins etc.

If you observe, in order to acknowledge the people for their contribution to the SOCIETY they serve they are acknowledged from time to time. E.g., **Internationally it's NOBEL PRIZE** – in all different categories. **Bharat Ratna, Padma Bhushan, Padma Vibhushan at National level.** Similarly, there are different awards in other fields like Film Industry, Literature, Army, Sports, Police etc. the objective being not just to acknowledge their contribution but to also provide the present and future generations to take lead from their life and to act as role model. E.g. Sachin Tendulkar – could be a role model for many budding cricketers. Lata

Mangeshkar, Akshay Kumar in film industry, Swami Vivekanand, Swami Chinmayanand in spirituality etc.

It is with this objective we decided to provide brief profile, achievements and contributions of the prominent Khadayatas in our monthly bulletin. The name/s are approved by the majority consensus. One of the objectives of the KCBF is to also try and hold our community together at a time when the social structures and joint family systems are getting disintegrated and replaced by nucleus family units – whereas Western countries are increasingly appreciating and turning to Indian culture.

We would be glad to receive the names and write-ups of such prominent Khadayatas for coverage in forthcoming issues.

Editorial Team: Mr. Premal Parikh | Mr. Nainesh Shah | Dr. Jignesh Bhalavat | CA Jigar Shah | Ms. Pratibha Shah

Release Date: First Week of Every Month; **Frequency:** Monthly

Please send in your article / content before the 25th of the preceding month to be published in the ebulletin

Email: info@khadayatabusinessnetwork.com • **WhatsApp:** 9820999056 | 9821138471 | 9820395856

Note: We, at KCBF, have decided to publish profile of each life members and hence requested them to share details about their Business / Professional / Service etc including family in their own words (150/175). We also thought to introduce a renowned Khadayata under “Khadayata Ratna” - A person of eminence from Khadayata community who can be Businessman / Professional or Service at highest position from any field. It's a prerogative of KCBF Admin Committee from the name suggested and/or forwarded to KCBF. The honour given is based on individual's contribution to profession, community and society at large. The award carries no material/monetary medal or certificate but the basic objective is to bring to light our own people as role model for current and future generation of our community.

Disclaimer: KCBF has compiled this ebulletin with care. However, KCBF, its editorial team or the admin committee (hereafter called as “The Publishers”) does not warrant that information in this ebulletin is free of errors. The Publishers also does not necessarily agree with or endorse any statement or opinion either in the editorial material or advertisements in this ebulletin and the use of any information in this ebulletin is entirely at the risk of the reader / user.

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